

DIVINE GREECE | ALL WOMEN TRIP

SACRED & FUN EXPERIENTIAL JOURNEY ROKE & DIMITRA

15 DAYS | JUNE 23 - JULY 7, 2024

Why Come with us?

- Divine Greece is a sacred and fun experiential journey, that inspires a feast of the senses. This 14 days trip offers a deep dive into the cultural richness, ancient spirituality, and natural beauty of Greece.
- Trip is coordinated, and space is held by Roke, a life coach and a spiritual mentor in the indigenous traditions of India and USA. Roke has also been taking women on trips to India since 2006.
- Dimitra, an archeologist, author, and somatic therapist, who lives in Greece will be our local guide.
- Dimitra and Roke will weave in playful, introspective, & empowering activities that can help you change your perspectives towards life & transform yourself.
- We stay in 3 places and make day trips to other destinations.

Trip Highlights:

3 Nights in Athens | Days 1 - 3

Day 1: Arrival in Athens, dinner together, & introduction

Day 2: Ancient Agora, Acropolis Museum, Greek food tasting & music at a traditional tavern

Day 3: Interactive Museum of Ancient Greek Technology, Athens bazaar, Monstiraki flea market & taste of Athens nightlife

6 Nights in Peloponnese | Days 4 - 9

Day 4: Travel from Athens to Sparta Gaia, an 18th Century Mansion where we will settle in for 6 nights. On the way we make the following stops:

- Eleusinian Mysteries in Demeter's and Persephone's Sanctuary
- Aphrodite's Holy Prostitute Center in Corinth
- Sparta: archaeological site and amphitheater

Day 5: A day of cleansing and connecting with the earth and plants:

- Botanical walk: Plants and myths.
- Rituals in Artemis Valley- farmer's picnic
- Homeric recipes dinner

Day 6: A day of exploring the caves and beaches:

- Boat tour in the underground Diros caves
- Lunch at Limeni fishermen's village
- Swimming at the shipwreck Gytheio beach

Day 7: A day of living like a Greek woman:

- "Zarakas Life and Gastronomy Museum"
- "Standing Loom Weaving School" at Geraki
- Wine tasting
- Sapphic Poetry and the "Poet in you" workshop
- Greek love and ecstatic dances party

Day 8: A day in the water:

- Snorkeling in Pavlopetri, the most ancient submerged town, 4.000 BC
- Tour and swimming in mythical Elafonisos island

Day 9: Trip to Monemvasia: The best preserved Byzantine Castletown, built on an islet

4 Nights in the island of Lesbos | Days 10 – 13

We travel to Athens and fly to the island of Lesbos. During these 4 days you can lounge in the beach, go shopping, swimming, snorkeling, scuba diving, and engage in a variety of water sports. Or simply relax. We will make day trips to Molyvos castle town, visit the monastery in Sigri, and go to the Petrified Forest Museum in the Marine Park. Roke will hold a circle every evening to offer her 4 part signature ceremony for healing and empowerment to reclaim yourself, heal your past, renew your purpose, and dream in your future.

Last Night in Athens | Days 14 – 15

Day 14: We fly to Athens, stay overnight, to catch our flight home the next day.

Interested?

Contact Roke at 510.681.9740 / roke.noir@gmail.com